



Rebecca Shields

Community Leader & Advocate

Rebecca has been in senior leadership positions for over 25 years and considers herself fortunate to be enjoying a prolific career in the social profit sector.

She has earned nationwide recognition for her leadership in community development, inclusion for persons with disabilities, 2SLGBTQ+ rights, support for youth at risk, mental health and addictions, equity, diversity and inclusion, and innovation.

Currently, she is catalyzing innovation in a community framework for belonging that focuses on advancing community-based solutions for integrated and values-based care. Rebecca plays an integral role in Ontario's restructuring of the health care system, serving as co-chair of the Ontario Health Central Region Mental Health and Addiction Table and serving on committees for planning and performance for both the Centre of Excellence for MHA and Ontario Health Central Region Health System Recovery Table. She leads the MHA Table for Northern York South Simcoe Ontario Health Team. She is leading the development of the York Region Mental Health Community Care centre, co-chairs the Region's Human Services Planning Board, and chaired the Region of York's Service Coordination Council for Mental Health and Addictions for its three-year mandate.

Since assuming the leadership of CMHA York Region & South Simcoe, she has grown agency revenues from \$8 million to \$42 million and has earned the agency many accolades, including Canadian Non-Profit Employer of Choice for seven consecutive years and Canada's 10 Most Admired Corporate Cultures.

Rebecca has personally received numerous awards recognizing her hard work and contributions. Most recently, she was awarded the King Charles III Coronation Medal and has been named Communicator of the Year by the International Association of business Communications (Toronto Chapter).